Supplementary material

Supplementary Table 1. Questtionnaire.

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| **1. Age (yr)** |
| (a) <20 |
| (b) 20–25 |
| (c) 26–30 |
| (d) 31–35 |
| (e) 36–40 |
| (f) 41–45 |
| (g) >45 |
| **2. Gender** |
| (a) Female |
| (b) Male |
| **3. How many children do you have?** |
| (a) 0 |
| (b) 1 |
| (c) 2 |
| (d) 3 |
| (e) 4 |
| (f) >4 |
| **4. Educational Level** |
| (a) Elementary school |
| (b) Middle school |
| (c) High-school |
| (d) University |
| **5. At what age do you think it is necessary to start taking care of children’s oral hygiene?** |
| (a) From birth |
| (b) After the eruption of the first teeth |
| (c) When weaning begins |
| **6. At what age would you take your child to the dentist for their first visit?** |
| (a) At 4–6 years old |
| (b) At 8–10 years |
| (c) Only if you have pain or tooth decay |
| **7. Do you think that drinking milk/chamomile/sweetened drinks before bed or during the night could affect your child’s oral health?** |
| (a) Yes, at any time |
| (b) No, never |
| (c) Only when the first baby teeth erupt |
| **8. Do you think that parents’ oral hygiene can influence that of their children?** |
| (a) Yes, the child learns from the parent to brush his teeth routinely |
| (b) No, oral problems in adults are different from those in children |
| (c) Yes, the child learns from the parent to brush his teeth routinely and pathogenic bacteria can be transmitted through saliva |
| **9. Exchanging toothbrushes between members of the same family:** |
| (a) It can be done between parents and children |
| (b) It should always be avoided |
| (c) It can be done between brothers |
| **10. Do you think it is useful to cleanse the cheeks and tongue of the newborn/infant before the eruption of baby teeth?** |
| (a) I’ve never thought about it but if they suggested it to me I would |
| (b) Yes, with gauze or a fabric glove soaked in saline |
| (c) Not necessary as long as no teeth are present |
| **11. How often do you think it is necessary to carry out oral hygiene procedures during the eruption of the first deciduous teeth?** |
| (a) 1 time per day |
| (b) 3 times a week |
| (c) At least 2 times a day |
| **12. Do you think it is useful to also use toothpaste in this case?** |
| (a) No, I think it is dangerous because the child can swallow it |
| (b) Yes, any toothpaste |
| (c) Yes, I would get a toothpaste recommendation from my dentist/hygienist |
| **13. What feature should the most suitable toothpaste for your child have?** |
| (a) It must taste good |
| (b) Must contain fluorine |
| (c) It must have attractive packaging |
| **14. Do you think that tooth decay is a disease that can be transmitted from parent to newborn?** |
| (a) No, never |
| (b) Yes, at any time |
| (c) Yes, but only from when the first tooth appears |
| **15. Do you think that diet can influence the risk of developing tooth decay?** |
| (a) No, it only depends on the subject’s predisposition |
| (b) Yes, children who often eat high-sugar carbohydrates have a high risk of developing tooth decay |
| (c) Yes, but only if the child habitually consumes sweets, sweets and sugary drinks |
| **16. Is tooth brushing part of the daily routine for your family members?** |
| (a) Yes, we all brush our teeth at least twice a day |
| (b) No, we don’t brush all our teeth every day |
| (c) Yes, we all brush our teeth once a day |
| **17. Do you check that your child brushes their teeth correctly?** |
| (a) Always |
| (b) Sometimes |
| (c) Never |